

## **SMS Messaging Service – Terms and Conditions**

By subscribing to the SMS messaging service provided by Blue Oak Counseling Services, Inc., you agree to the following terms and conditions:

#### 1. Clear Communication of Service:

- We provide comprehensive information about our SMS messaging service through multiple channels, including our website, appointment booking forms, and online consent forms.
- This information details the types of messages you will receive, such as appointment confirmations, reminders, and updates.

## 2. Standard Messaging Rates:

 Please be aware that standard messaging rates as set by your mobile carrier may apply to all messages received.

## 3. Subscription Confirmation:

- Immediately after opting in, you will receive a confirmation SMS that reiterates your subscription to our messaging service.
- The confirmation message will include a clear statement that you have successfully subscribed and will provide instructions on how to opt out, for example, "Reply STOP to cancel."

## 4. Opt-Out Instructions:

- You may opt out of receiving further messages at any time by following the instructions provided in each message (e.g., by replying STOP).
- Once you opt out, you will no longer receive SMS communications from Blue Oak Counseling Services, Inc.

## 5. Consent and Record Keeping:

- Your active opt-in is required to receive these communications, ensuring that all recipients have given explicit consent to be contacted via SMS.
- We maintain records of your opt-in as proof of consent in compliance with applicable regulations.

# 6. Privacy Policy:

- For details on how we handle your user data, please review our Privacy Policy.
  This document explains the collection, use, and protection of your personal information.
- You can access our Privacy Policy here: LINK

#### 7. Modifications to the Service:

 Blue Oak Counseling Services, Inc. reserves the right to modify or update these Terms and Conditions at any time. Any significant changes will be communicated through our SMS service or via our other communication channels.

#### 8. Additional Information:

 If you have any questions or concerns regarding these Terms and Conditions or our data handling practices, please contact us at info@blueoakcounselingservices.com.

By opting in to our SMS messaging service, you confirm that you have read, understood, and agree to these Terms and Conditions, as well as our Privacy Policy. If you have any questions or concerns, please do not hesitate to contact us.